

**Organised by the Sailing Federation of Hong Kong, China (HKSF)**  
**Subvented by the Leisure and Cultural Services Department (LCSD)**  
**Co-organised by the Education Bureau**  
**School Sports Programme – Sailing**  
**Prospectus**

Type of Activity Key Information	Sport Demonstration	
	Demonstration on Land (in School)	Demonstration at Water Sports Centre (at designated venue)
Target Participants	Primary and secondary schools students	Primary 3 to Secondary 3 schools students (aged 8 – 15)
Outline	<ul style="list-style-type: none"> <li>- Introduction to sailing, equipment and competition events</li> <li>- Introduction to rope work</li> <li>- Coach demonstration of sailing on a dinghy</li> <li>- Students trial time on the dinghy for simulated control of sail in different wind conditions</li> </ul>	<ul style="list-style-type: none"> <li>- Introduction to sailing, equipment and competition events</li> <li>- Safety guidelines</li> <li>- Instructor demonstration of basic sailing skills on simulator</li> <li>- Student practice on dinghy set-up and rope work Students sail under the guidance of instructor and learn capsize and recovery</li> </ul>
Venue	Covered playground or school hall with a ceiling at least 8 metres	HKSF Little Palm Beach Sailing Centre (Address: Hang Hau Wing Lung Road, Clearwater Bay)
Fee	\$1,250 per session	\$1,800 per session
Equipment to be provided by the school	Loudspeaker, computer, computer projector and screen	Not applicable
Sports Equipment	Sailing dinghy (to be provided by the HKSF)	
Duration	2 hours per session	4 hours per session
Estimated No. of Participants per Session/Course	80	24
Proposed Time of Activity	Monday to Sunday: 10 am to 5 pm	Monday to Sunday: 10 am to 2 pm or 1 pm to 5 pm
Enrolment Form	Sport Demonstration – Archery / Rowing / RowKids Scheme / Sailing Enrolment Form (P.190-191)	
How to Enrol	Please submit the completed electronic application form within the enrolment period (please refer to “Application” (P.7) of this Guide for the dates) by email at:	

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	<a href="mailto:applicationssp@lcsd.gov.hk">applicationssp@lcsd.gov.hk</a> . For payment arrangement, please refer to “Payment and Activity Arrangements” (P.8) of this Guide.	
Points to Note	<ol style="list-style-type: none"> <li>1. A person-in-charge aged 18 or above or a teacher should be designated to oversee the activities.</li> <li>2. Participants are able to swim with clothes for 50 metres when participating in Sport Demonstration at the Water Sports Centre.</li> <li>3. Participants should wear proper sportswear and sports shoes.</li> <li>4. The schools shall arrange for its own transportation to and from the venue.</li> <li>5. Participants must meet the age requirement of the activity as on the event date. If any participant whose age is found under the specified age, the LCSD will disqualify his/her participation and the enrolment fee will not be refunded.</li> <li>6. If the NSA has arranged a coach for a school and the school requests before the activity date the cancellation of the activity, NSA will deduct from the fee for each activity an administrative fee (\$204 per Sport Demonstration) and refund the balance to the school.</li> <li>7. If the request to cancel a Sport Demonstration is made by the school on the day of the activity, no re-scheduling or make-up session will be arranged. All fees paid will not be refunded.</li> <li>8. If the NSA/LCSD fails to arrange the activity, the fees paid will be refunded.</li> </ol>	
Enquiry Phone No./Website	2601 7602 / <a href="http://www.lcsd.gov.hk/en/ssp/index.html">http://www.lcsd.gov.hk/en/ssp/index.html</a>	